## CHAMELEON COMMUNITY INVOLVEMENT



Food banks help people who don't have enough to eat by providing free groceries. They also prevent food waste by collecting surplus food from stores and farms.

If you or your family need to access foodbanks speak to your tutor -who will help you search available foodbanks in your area

## CAN YOU HELP US?

We are organising a food bank collection to support our local food bank and we need your help! Please bring in non-perishable food items, such as canned goods, pasta, rice, or cereal, to donate. Your contributions will make a big difference to families in need. Let's come together and show our community spirit by helping those less fortunate.